

FOUNTAIN OF YOUTH ACADEMY OF COSMETOLOGY

COSMETOLOGY PROGRAM OUTLINE 1250 HOURS

DESCRIPTION: The Cosmetology Course is designed to train the student in the basic manipulative skills, safety judgments, proper work habits, business skills, and desirable attitudes necessary to obtain licensure and for competency in job entry-level positions in Cosmetology or a related career field.

OBJECTIVES: Upon completion of the course requirements, the determined graduate will be able to:

1. Project a positive attitude and a sense of personal integrity and self confidence.
2. Project professionalism, visual poise and proper grooming.
3. Communicate effectively and interact appropriately colleagues, supervisors and clients.
4. Respect the need to deliver worthy service for value received in an employment environment.
5. Perform the basic manipulative skills in the areas of hair styling, hair shaping, hair coloring, texture services, scalp and hair conditioning, skin and makeup, and nail care.
6. Perform the basic analytical skills to advise clients in the total look concept.
7. Apply academic learning, technical information and related matter to assure sound judgments, decisions, and procedures.

To ensure continued career success, the graduate will continue to learn new and current information related to skills, trends, and methods for career development in cosmetology and related fields.

REFERENCES: A comprehensive library of references, periodicals, books, texts, audio/video tapes and web-based materials are available to support the program of study and supplement the program of study. Students should avail themselves of the opportunity to use these extensive materials.

TEACHING AND LEARNING METHODS: The clock hour education is provided through a sequential set of learning steps that address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The course is presented through comprehensive lesson plans which reflect effective educational methods. Subjects are presented by means of interactive lecture, demonstration, cooperative learning, labs, student salon activities, and student participation. Audio-visual aids, guest speakers, field trips, projects, activities, and other related learning methods are used in the course.

GRADING PROCEDURES: The qualitative element used to determine academic progress is a reasonable system of grades as determined by assigned academic learning. Students are assigned academic learning and practical experiences. Academic learning is evaluated after each unit of study. Practical assignments are evaluated as completed. Practical skills are evaluated according to state board exam procedures and set forth in practical skills evaluation criteria adopted by the school. Students must maintain a written grade average of 70%.. Numerical grades are considered according to the following scale:
90 - 100 Exemplary, 80 - 89 Excellent, 70 - 79 Good, 60 - 69 Unsatisfactory

Professional Practices: (50 Hours)

History & Opportunities in Professional Beauty
Beauty Culture Law
Life Skills
Your Professional Image
Communicating for Success
Infection Control Principles & Practices
Seeking Employment
On the Job
The Salon Business

Sciences: (200 Hours)

Anatomy & Physiology
Skin Structure & Growth
Nail Structure & Growth
Properties of the Hair & Scalp
Basics of Chemistry
Basics of Electricity

Cosmetology Skills: Cognitive & Manipulative: (1,000 Hours)

Principles of Design
Care for All Hair Types
Shampooing, Rinsing, Conditioning & Scalp
Scalp Treatments
Massage
Haircutting
Hairstyling
Braiding & Braid Extensions
Wigs & Hair Enhancements
Chemical Texture Services
Hair Straightening
Hair Coloring
Skin Diseases & Disorders
Hair Removal
Facials
Facial Makeup
Nail Diseases & Disorders
Manicuring
Pedicuring
Nail Tips, Wraps & No-Light Gels
Acrylic (Methacrylate) Nail Enhancements - UV Gels

FOUNTAIN OF YOUTH



ACADEMY OF COSMETOLOGY

ESTHETICIAN & NAIL TECH COMBO PROGRAM OUTLINE 600 HOURS

DESCRIPTION: The **ESTHETICIAN & NAIL TECH COMBO** Course is designed to train the student in the basic manipulative skills, safety judgments, proper work habits, business skills, and desirable attitudes necessary to obtain licensure and for competency in job entry-level positions in Esthetician or a related career field. At Fountain of Youth Academy, we strive to provide superior education. Since the time that the state made the hour requirements, science has provided many advanced techniques. We feel the standard of education must be raised in order to meet the need for highly skilled estheticians and nail techs. Additional hours will ensure the students have the time to learn and practice new skills and techniques in this ever-changing field.

OBJECTIVES: Upon completion of the course requirements, the determined graduate will be able to:

1. Project a positive attitude and a sense of personal integrity and self confidence.
 2. Project professionalism, visual poise and proper grooming.
 3. Communicate effectively and interact appropriately colleagues, supervisors and clients.
 4. Respect the need to deliver worthy service for value received in an employment environment.
 5. Perform the basic manipulative skills in the areas of skin care, makeup and nail care.
 6. Perform the basic analytical skills to advise clients in the total look concept.
 7. Apply academic learning, technical information and related matter to assure sound judgments, decisions, and procedures.
- To ensure continued career success, the graduate will continue to learn new and current information related to skills, trends, and methods for career development in the Esthetician and related fields.

REFERENCES: A comprehensive library of references, periodicals, books, texts, audio/video tapes and web-based materials are available to support the program of study and supplement the program of study. Students should avail themselves of the opportunity to use these extensive materials.

TEACHING AND LEARNING METHODS: The clock hour education is provided through a sequential set of learning steps which address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The course is presented through comprehensive lesson plans which reflect effective educational methods. Subjects are presented by means of interactive lecture, demonstration, cooperative learning, labs, student salon activities, and student participation. Audio-visual aids, guest speakers, field trips, projects, activities, and other related learning methods are used in the course.

GRADING PROCEDURES: The qualitative element used to determine academic progress is a reasonable system of grades as determined by assigned academic learning. Students are assigned academic learning and practical experiences. Academic learning is evaluated after each unit of study. Practical assignments are evaluated as completed. Practical skills are evaluated according to state board exam procedures and set forth in practical skills evaluation criteria adopted by the school. Students must maintain a written grade average of 70%.. Numerical grades are considered according to the following scale: **90 - 100 Exemplary, 80 - 89 Excellent, 70 - 79 Good, 00 - 69 Unsatisfactory**

Orientation

Professional Practices: Esthetic (40 Hours)

Skin Care History &
Your Professional Image
Communication for Success
Sanitation & Disinfection
Salon/Spa Business
Selling Products & Services
Career Planning

Sciences: (100 Hours)

Anatomy & Physiology
Chemistry for Estheticians
Cosmetic Chemistry
Basics of Electricity
Physiology & Histology of the Skin

Facial Treatments: (175 Hours)

Skin Diseases & Disorders
Skin Analysis
Product Selection & Ingredients
Treatment Room
Massage
Basic Facials & Treatment
Machines
Advanced Esthetics Topics: An Industry Overview

Temporary Hair Removal: (10 Hours)

Hair Removal

Makeup: (50 Hours)

The World of Makeup

Professional Practices: Nail (25 Hours)

History & Opportunities
Life Skills
Your Professional Image
Communicating for Success
Infection Control: Principles & Practice
Seeking Employment
On the Job
The Salon Business

Sciences: (75 Hours)

General Anatomy & Physiology
Skin Structure & Growth
Nail Structure & Growth
Nail Diseases & Disorders
Basics of Chemistry
Nail Product Chemistry Simplified
Basics of Electricity (

Nail Treatment: (100 Hours)

Manicuring
Electric Filing
Nail Tips, Wraps & No-Light Gels
Acrylic (Methacrylate) Nail Enhancements
UV Gels
The Creative Touch

Pedicuring: (25 Hours)

FOUNTAIN OF YOUTH



ACADEMY OF COSMETOLOGY

ESTHETICIAN PROGRAM OUTLINE 300 HOURS

DESCRIPTION: The Esthetician Course is designed to train the student in the basic manipulative skills, safety judgments, proper work habits, business skills, and desirable attitudes necessary to obtain licensure and for competency in job entry-level positions in Esthetician or a related career field.

OBJECTIVES: Upon completion of the course requirements, the determined graduate will be able to:

1. Project a positive attitude and a sense of personal integrity and self confidence.
 2. Project professionalism, visual poise and proper grooming.
 3. Communicate effectively and interact appropriately colleagues, supervisors and clients.
 4. Respect the need to deliver worthy service for value received in an employment environment.
 5. Perform the basic manipulative skills in the areas of skin care and makeup.
 6. Perform the basic analytical skills to advise clients in the total look concept.
 7. Apply academic learning, technical information and related matter to assure sound judgments, decisions, and procedures.
- To ensure continued career success, the graduate will continue to learn new and current information related to skills, trends, and methods for career development in the Esthetician and related fields.

REFERENCES: A comprehensive library of references, periodicals, books, texts, audio/video tapes and web-based materials are available to support the program of study and supplement the program of study. Students should avail themselves of the opportunity to use these extensive materials.

TEACHING AND LEARNING METHODS: The clock hour education is provided through a sequential set of learning steps which address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The course is presented through comprehensive lesson plans which reflect effective educational methods. Subjects are presented by means of interactive lecture, demonstration, cooperative learning, labs, student salon activities, and student participation. Audio-visual aids, guest speakers, field trips, projects, activities, and other related learning methods are used in the course.

GRADING PROCEDURES: The qualitative element used to determine academic progress is a reasonable system of grades as determined by assigned academic learning. Students are assigned academic learning and practical experiences. Academic learning is evaluated after each unit of study. Practical assignments are evaluated as completed. Practical skills are evaluated according to state board exam procedures and set forth in practical skills evaluation criteria adopted by the school. Students must maintain a written grade average of 70%.. Numerical grades are considered according to the following scale: **90 - 100 Exemplary, 80 - 89 Excellent, 70 - 79 Good, 60 - 69 Unsatisfactory**

Orientation

Professional Practices: (40 Hours)

Skin Care History &
Your Professional Image
Communication for Success
Sanitation & Disinfection
Salon/Spa Business
Selling Products & Services
Career Planning

Sciences: (100 Hours)

Anatomy & Physiology
Chemistry for Estheticians
Cosmetic Chemistry
Basics of Electricity
Physiology & Histology of the Skin

Facial Treatments: (100 Hours)

Skin Diseases & Disorders
Skin Analysis
Product Selection & Ingredients
Treatment Room
Massage
Basic Facials & Treatment
Machines
Advanced Esthetics Topics: An Industry Overview

Temporary Hair Removal: (10 Hours)

Hair Removal

Makeup: (50 Hours)

The World of Makeup



NAIL TECH PROGRAM OUTLINE 200 HOURS

DESCRIPTION: The Nail Technician Course is designed to train the student in the basic manipulative skills, safety judgments, proper work habits, business skills, and desirable attitudes necessary to obtain licensure and for competency in job entry-level positions in Nail Technician or a related career field.

OBJECTIVES: Upon completion of the course requirements, the determined graduate will be able to:

1. Project a positive attitude and a sense of personal integrity and self confidence.
 2. Project professionalism, visual poise and proper grooming.
 3. Communicate effectively and interact appropriately colleagues, supervisors and clients.
 4. Respect the need to deliver worthy service for value received in an employment environment.
 5. Perform the basic manipulative skills in the areas of nail care.
 6. Perform the basic analytical skills to advise clients in the total look concept.
 7. Apply academic learning, technical information and related matter to assure sound judgments, decisions, and procedures.
- To ensure continued career success, the graduate will continue to learn new and current information related to skills, trends, and methods for career development in the Nail Technician and related fields.

REFERENCES: A comprehensive library of references, periodicals, books, texts, audio/video tapes and web-based materials are available to support the program of study and supplement the program of study. Students should avail themselves of the opportunity to use these extensive materials.

TEACHING AND LEARNING METHODS: The clock hour education is provided through a sequential set of learning steps which address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The course is presented through comprehensive lesson plans which reflect effective educational methods. Subjects are presented by means of interactive lecture, demonstration, cooperative learning, labs, student salon activities, and student participation. Audio-visual aids, guest speakers, field trips, projects, activities, and other related learning methods are used in the course.

GRADING PROCEDURES: The qualitative element used to

determine academic progress is a reasonable system of grades as determined by assigned academic learning. Students are assigned academic learning and practical experiences. Academic learning is evaluated after each unit of study. Practical assignments are evaluated as completed. Practical skills are evaluated according to state board exam procedures and set forth in practical skills evaluation criteria adopted by the school. Students must maintain a written grade average of 70%.. Numerical grades are considered according to the following scale: **90 - 100 Exemplary, 80 - 89 Excellent, 70 - 79 Good, 60 - 69 Unsatisfactory**

Nail Tech Curriculum: (200 Total Hours)

Orientation

Professional Practices: (25 Hours)

History & Opportunities
Life Skills
Your Professional Image
Communicating for Success
Infection Control: Principles & Practice
Seeking Employment
On the Job
The Salon Business

Sciences: (75 Hours)

General Anatomy & Physiology
Skin Structure & Growth
Nail Structure & Growth
Nail Diseases & Disorders
Basics of Chemistry
Nail Product Chemistry Simplified
Basics of Electricity (

Nail Treatment: (75 Hours)

Manicuring
Electric Filing
Nail Tips, Wraps & No-Light Gels
Acrylic (Methacrylate) Nail Enhancements
UV Gels
The Creative Touch

Pedicuring: (25 Hours)

FOUNTAIN OF YOUTH ACADEMY OF COSMETOLOGY

MESSAGE PROGRAM OUTLINE 600 HOURS

DESCRIPTION: The Message Course is designed to train the student in the basic manipulative skills, safety judgments, proper work habits, business skills, and desirable attitudes necessary to obtain licensure and for competency in job entry-level positions in Esthetician or a related career field.

OBJECTIVES: Upon completion of the course requirements, the determined graduate will be able to:

1. Project a positive attitude and a sense of personal integrity and self confidence.
2. Project professionalism, visual poise and proper grooming.
3. Communicate effectively and interact appropriately colleagues, supervisors and clients.
4. Respect the need to deliver worthy service for value received in an employment environment.
5. Perform the basic manipulative skills in the area of message.
6. Perform the basic analytical skills to advise clients in body care.
7. Apply academic learning, technical information and related matter to assure sound judgments, decisions, and procedures. To ensure continued career success, the graduate will continue to learn new and current information related to skills, trends, and methods for career development in the Message and related fields.

REFERENCES: A comprehensive library of references, periodicals, books, texts, audio/video tapes and web-based materials are available to support the program of study and supplement the program of study. Students should avail themselves of the opportunity to use these extensive materials.

TEACHING AND LEARNING METHODS: The clock hour education is provided through a sequential set of learning steps which address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The course is presented through comprehensive lesson plans which reflect effective educational methods. Subjects are presented by means of interactive lecture, demonstration, cooperative learning, labs, student salon activities, and student participation. Audio-visual aids, guest speakers, field trips, projects, activities, and other related learning methods are used in the course.

GRADING PROCEDURES: The qualitative element used to determine academic progress is a reasonable system of grades as determined by assigned academic learning. Students are assigned academic learning and practical experiences. Academic learning is evaluated after each unit of study. Practical assignments are evaluated as completed. Practical skills are evaluated according to state board exam procedures and set forth in practical skills evaluation criteria adopted by the school. Students must maintain a written grade average of 70%.. Numerical grades are considered according to the following scale: **90 - 100 Exemplary, 80 - 89 Excellent, 70 - 79 Good, 60 - 69 Unsatisfactory**

Orientation

The History and Advancement of Therapeutic Message 60

Historical Overview of Message (10)

Requirements for the Practice of Therapeutic Message (40)

Professional Ethics for Message Practitioners (10)

Human Anatomy and Physiology (175)

Overview (5)

Human Anatomy and Physiology (162)

Cardiopulmonary Resuscitation (8)

Message Practice (350)

Effects, Benefits, Indications, and Contraindications of Message (10) Equipment and Products (10) Sanitary and Safety Practices (25)

Consultation and Documentation (10) Classical Message Movements (45) Application of Message Technique (10)

Procedures for Complete Body Messages (60) Hydrotherapy (20) Message in the Spa Setting (10) Clinical Message Techniques (40)

Lymph Message (20) Therapeutic Procedure (20) Athletic/Sports Message (20)

Message for Special Populations (15)

Message in Medicine (25)

Other Somatic Therapies (10)

Message Business Administration

Business Practices (15)

Fountain of Youth Academy of Cosmetology
INSTRUCTOR PROGRAM OUTLINE 600 HOURS

DESCRIPTION: The Teacher Certification Course is designed to train the student in the basic manipulative skills, safety judgments, proper work habits, business skills, and desirable attitudes necessary to obtain licensure and for competency in job entry-level positions in Cosmetology Instruction or a related career field.

OBJECTIVES: Upon completion of the course requirements, the determined graduate will be able to:

- . Project a positive attitude and a sense of personal integrity and self confidence.
- . Project professionalism, visual poise and proper grooming.
- . Communicate effectively and interact appropriately colleagues, supervisors and clients.
- . Respect the need to deliver worthy service for value received in an employment environment.
- . Perform the basic teaching skills needed to be an effective educator.
- . Perform the basic analytical skills to advise and lead students.
- . Apply academic learning, technical information and related matter to assure sound judgments, decisions, and procedures. To ensure continued career success, the graduate will continue to learn new and current information related to skills, trends, and methods for career development in the Teacher Certification and related fields.

REFERENCES: A comprehensive library of references, periodicals, books, texts, audio/video tapes and web-based materials are available to support the program of study and supplement the program of study. Students should avail themselves of the opportunity to use these extensive materials.

TEACHING AND LEARNING METHODS: The clock hour education is provided through sequential set of learning steps which address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The course is presented through comprehensive lesson plans which reflect effective educational methods. Subjects are presented by means of interactive lecture, demonstration, cooperative learning, labs, student salon activities, and student participation. Audio-visual aids, guest speakers, field trips, projects, activities, and other related learning methods are used in the course.

GRADING PROCEDURES: The qualitative element used to determine academic progress is a reasonable system of grades as determined by assigned academic learning. Students are assigned academic learning and practical experiences. Academic learning is evaluated after each unit of study. Practical assignments are evaluated as completed. Practical skills are evaluated according to state board exam procedures and set forth in practical skills evaluation criteria adopted by the school. Students must maintain a written grade average of 70%.. Numerical grades are considered according to the following scale: **90 - 100 Exemplary, 80 - 89 Excellent, 70 - 79 Good, 60 - 69 Satisfactory, 50 - 59 Fair, 40 - 49 Needs Improvement, 30 - 39 Unsatisfactory**

Instructor Curriculum: (600 Total Hours)

Orientation (25 hrs)

School Rules and Regulations
Qualities of the Professional Educator
Code of Ethics
Familiarization of School Facilities and Supplies
Licensing Requirements and Regulations, Laws
Fundamentals of Business Management
Professional Ethics
Business Plan
Written Agreements
School Operations, Policies, and Practices
Compensation Packages
Payroll Deductions, Telephone Use, Advertising, Sales, Communications, Public Human Relations, Insurance
Salon Safety
Seeking Employment

Methods of Teaching and Clinic Management (250 Hrs)

Principles of Teaching, Learning, and Lesson Plan Development
Presentation Techniques

Student Salon / Clinic Management (150)

Independent Clinic Supervision
Supervision of Clinic Sanitation and Client Safety
Technical Skills Ability
Independent Classroom Instructing
Administrative Responsibilities
Records and Report Management
Safety Measures, Classroom Conditions, and Maintenance
Class Supervision and Control
Class Problems and Solutions
Organizational and Regulatory Requirements

Instruction and Theory (175)

Planning
Assessment or Measurement of Student Ability/Achievement/Learning
Diagnosis of Student Weakness and Overall Progress
Student Motivation for Study and Learning
Oral and Written Testing
Evaluation of Overall Progress
Development and Use of Testing/Measurement Instruments
Academic Advising
Academic Advising